



Ladies Probud Club of Valentine Bulletin July 2024

[Website: ajcnsw.com/lpcov](http://www.ajcnsw.com/lpcov)

President – Joy Tromans 0434 940 926; Secretary – Libby Dingle 0407 283 748;
Treasurer – Olwyn Gore 0407 060 149; Outings – Bev Gardner 0401 033 040

24th BIRTHDAY LUNCH AT BROWN SUGAR – JUNE 2024. What a great occasion!



We were met with beautifully decorated tables, then served a superb two course lunch while we enjoyed chatting with friends over a drink or two. Thank you to our hospitality team for organising this special event with lucky door prizes and a complimentary drink.

Our **Risk Management Policy** is currently being worked on by a group of committee members. At this point we want all members to know what to do in case of an emergency which requires immediate evacuation. **Our assembly area is in the carpark at the southern end of the greens. It is NOT the carpark adjacent to the club building. Always follow staff directions.**

1. Go carefully down the stairs
2. Turn right and enter the main part of the club
3. Walk to the end of the bar nearest the lake, and turn towards the bowling greens
4. Exit through the glass doors by pushing them open
5. Follow the path around the greens to the carpark at the southern end of the club.



To our ladies who celebrate their birthdays in July –
Olga Ashford, Gay Cheshire, Jan Dial, Leslye Dunne, Pauline
Easter, Lyn Harris and Jeanette Manning.

WHAT'S HAPPENING THIS MONTH AND NEXT?

Today, at our July meeting a new member will be inducted by our President, Joy Tromans. Julie Pauling will introduce Lyn Harris as we welcome her and wish her happy times ahead in our club.

On Monday, 29th July, the coach trip to Destiny Haven will leave VBC at 9.30 so please be there, ready to board the coach by 9.15. There will be a stop for a cuppa on the way and a 2 course lunch at The Haven where we will hear about the wonderful work they do and have the opportunity to purchase some of the products they make (jewellery, soaps and gifts). If you paid the deposit of \$20.00, the remaining \$40.00 is required by **12th July**.

Maxine's Morning Tea at the 16's will be on Thursday, 25th July around 10.30. Why not treat yourself to a decadent cake as you relax with friends?

Tickets for **Sister Act** in August will be available at our meeting in August.

For September, Bev is proposing a trip to the **Koala Sanctuary at Port Stevens, on Monday, 16th September**. She plans to stop on the way for Devonshire Tea at Birubi Beach, before moving on to the Sanctuary. The cost for the bus, tea and entrance to the Koala Sanctuary will be \$70 if only 20 attend, but \$60.00 if 30 go along. Lunch will be at own expense. Bev needs to know final numbers with a \$10 deposit at Monday's meeting.

Do you have the cruising bug? See Bev about a 10 night Carnival cruise leaving Sydney bound for N.Z. It leaves on Monday, 25th November visiting Wellington, Lyttelton, Dunedin and the fjord. Inside cabin - \$1229; Outside cabin - \$1589 ; Balcony - \$2169. Sounds like pretty good value.

Bank details: BSB: 650 000; Account No. 961312505; Ref: your name, reason for deposit (e.g. fees)

Meetings:

Monday, 8th July at 10.00 for a 10.30 start. Our Guest Speaker will be Kathy Lewis from Novacare.

Monday, 12th August at 10.00 for a 10.30 start. A dietician, Laura Otton, will be our guest speaker.

Committee Meeting dates are: Monday, 5th August at 1.00 pm.
Monday, 2nd September at 1.00 pm.
Monday, 30th September at 1.00 pm

We would like to acknowledge and thank Pat Conroy and his staff for their assistance in printing this Bulletin. It is much appreciated.